# Virginia's Physical Therapy Assistant Workforce: 2012

Healthcare Workforce Data Center

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Virginia Department of Health Professions Healthcare Workforce Data Center Perimeter Center 9960 Mayland Drive, Suite 300 Richmond, VA 23233 804-367-2115, 804-527-4466(fax)

E-mail: *HWDC@dhp.virginia.gov* 

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Almost 1,900 Physical Therapy Assistants voluntarily participated in this survey. Without their efforts the work of the center would not be possible. The Department of Health Professions, the Healthcare Workforce Data Center, and the Board of Physical Therapy express our sincerest appreciation for your ongoing cooperation.

## Thank You!

#### Virginia Department of Health Professions

**Dianne L. Reynolds-Cane, M.D.** *Director* 

**Arne W. Owens** *Chief Deputy Director* 

Healthcare Workforce Data Center Staff:

Dr. Elizabeth Carter, Ph.D. *Executive Director* 

Justin Crow, MPA Research Analyst

Laura Jackson Operations Manager Christopher Coyle Research Assistant

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## The PTA Workforce: At a Glance:

#### The Workforce

Licensees: 2,653 Virginia's Workforce: 2,377 FTEs: 2,046

#### **Survey Response Rate**

All Licensees: 71% Renewing Practitioners: 87%

#### **Demographics**

% Female: 79%
Diversity Index: 28%
Median Age: 42

Source: Va. Healthcare Workforce Data Cente

#### Background

Rural Childhood: 46% HS Degree in VA: 58% Prof. Degree in VA: 72%

#### **Education**

Associate or Higher: 98% Bachelor or Higher: 1%

#### **Finances**

Median Hrly Wage: \$27-\$30 Health Benefits: 56% Under 40 w/ Ed debt: 49%

#### **Current Employment**

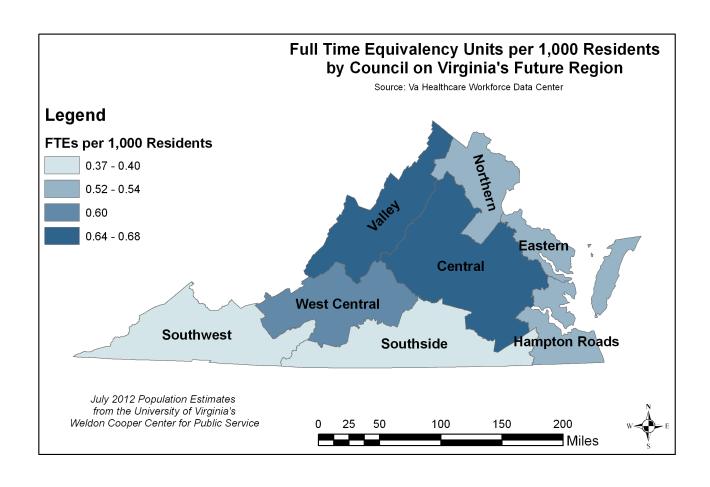
Employed in Prof.: 95% Hold 1 Full-time Job: 68% Satisfied?: 97%

#### **Job Turnover**

Switched Jobs in 2012: 12% Employed over 2 yrs: 58%

#### **Typical PTA Time**

Patient Care: 90-99% Administration: 1-9% PTAs primarily in PC: 90%



Almost 1,900 Physical Therapy Assistants (PTA) voluntarily took part in the 2012 Physical Therapy Workforce Survey. The Virginia Department of Health Professions' Healthcare Workforce Data Center (HWDC) administers the survey during the license renewal process, which for PTAs occurs in December. These survey respondents represent 71% of the 2,653 PTAs licensed in the state and 87% of renewing practitioners.

The HWDC estimates that 2,377 PTAs were in Virginia's workforce in 2012, defined as those who worked at least a portion of the year in the state or who live in the state and intend to return to work as a PTA at some point. These PTAs provided 2,046 "full-time equivalency units" in 2012, which the HWDC defines simply as working 2,000 hours a year (or 40 hours per week for 50 weeks with 2 weeks off).

95% of PTAs were employed in physical therapy at the time of the survey. About two-thirds held one full-time position, while 15% held one part-time position. The remainder held two or more positions. PTAs tend to be very happy in their profession—97% indicated they were satisfied with their current employment situation, including 72% who indicated they were "very satisfied".

About 4 of every 5 PTAs are women. The median age of PTAs is 42, which is about the median age of Virginia's labor force as a whole. The PTA population is not as diverse as Virginia's population as a whole. In a random encounter between two PTAs, there is only a 28% chance they would be of different races or ethnicities. For the Virginia population the chance is 54%.

Almost all PTAs have a rural background. Over 1/3 of these work in non-Metro areas of the state. Almost 60% of PTAs graduated from high school in Virginia, while over 70% earned their PTA degree in the state. New York and Pennsylvania are the largest sources of PTAs outside of Virginia.

Virtually all PTAs are educated at the associate degree level. It appears to be a very lucrative degree, as the typical PTA earns between \$27 & \$30 per hours (about \$56,000 to \$62,000 annually for a full-time, 40-hour per week position). Additionally, 56% reported receiving employer-sponsored health insurance. 3 of every 5 PTAs have been employed at their primary location for over two years, the typical job tenure banks seek when offering the best interest rates on loans. However, almost half of PTAs under age 40 reported carrying educational debt, with the typical PTA under 40 carrying \$12,000-\$15,000 in educational debt. More than 1 in 10 PTAs switched jobs in 2012.

PTAs focus most of their effort directly on caring for patients. The typical PTA spends over 90% of her time on patient care and little on administration or other matters. 9 out of 10 PTAs are in positions that primarily focus on patient care.

#### A Closer Look:

Licensees						
License Status	#	%				
Renewing Practitioners	2,178	82%				
New Licensees	263	10%				
Non-Renewals	212	8%				
All Licensees	2,653	100%				

Source: Va. Healthcare Workforce Data Center

Our surveys tend to achieve very high response rates. 87% of renewing PTAs submitted a survey. These represent 71% of PTAs who held a license at some point in 2012.

Response Rates						
Statistic	Non Respondent Respondent		Response Rate			
By Age						
Under 30	197	245	55%			
30 to 34	127	241	66%			
35 to 39	68	261	79%			
40 to 44	97	345	78%			
45 to 49	91	251	73%			
50 to 54	71	247	78%			
55 to 59	59	192	77%			
60 and Over	52	109	68%			
Total	762	1,891	71%			
New Licenses						
Issued in 2012	200	63	24%			
Metro Status						
Non-Metro	97	354	79%			
Metro	422	1,316	76%			
Not in Virginia	243	221	48%			

Source: Va. Healthcare Workforce Data Center

## At a Glance:

#### **Licensed PTAs**

Number: 2,653 New: 10% Not Renewed: 8%

#### **Response Rates**

All Licensees: 71% Renewing Practitioners: 87%

Source: Va Healthcare Workforce Data Center

Response Rates	
Completed Surveys	1,891
Response Rate, all licensees	71%
Response Rate, Renewals	87%

Source: Va. Healthcare Workforce Data Center

#### **Definitions**

- **1. The Survey Period:** The survey was conducted in December 2012.
- **2. Target Population:** All PTAs who held a Virginia license at some point in 2012.
- 3. Survey Population: The survey was available to PTAs who renewed their licenses online. It was not available to those who did not renew, including some PTAs newly licensed in 2012.

#### Workforce

2012 PTA Workforce: 2,377 FTEs: 2,046

#### **Utilization Ratios**

Licensees in VA Workforce: 90% Licensees per FTE: 1.30 Workers per FTE: 1.16

Source: Va. Healthcare Workforce Data Center

Virginia's PTA Workforce							
Status	#	%					
Worked in Virginia in Past Year	2,338	98%					
Looking for Work in Virginia	39	2%					
Virginia's Workforce	2,377	100%					
Total FTEs	2,046						
Licensees	2,653						

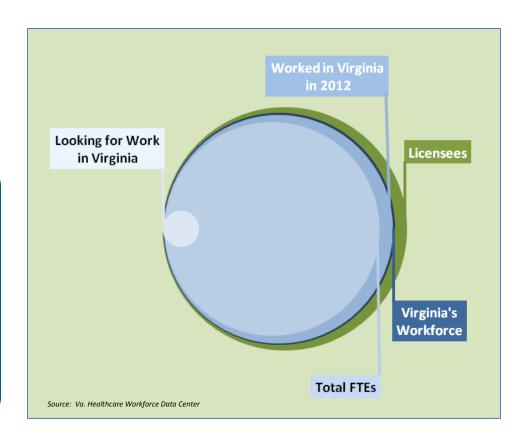
Source: Va. Healthcare Workforce Data Center

This report uses weighting to estimate the figures in this report. Unless otherwise noted, figures refer to the Virginia Workforce only. For more information on HWDC's methodology visit:

www.dhp.virginia.gov/hwdc

#### **Definitions**

- 1. Virginia's PTA Workforce: A licensee with a primary or secondary work site in Virginia at any time in 2012 or who indicated intent to return to Virginia's workforce at any point in the future.
- **2. Full Time Equivalency Unit (FTE):** The HWDC uses 2,000 (40 hours for 50 weeks) as its baseline measure for FTEs.
- **3.** Licensees in VA Workforce: The proportion of licensees in Virginia's Workforce.
- **4. Licensees per FTE:** An indication of the number of licensees needed to create 1 FTE. Higher numbers indicate lower licensee participation.
- 5. Workers per FTE: An indication of the number of workers in Virginia's workforce needed to create 1 FTE. Higher numbers indicate lower utilization of available workers.



#### A Closer Look:

Age & Gender						
	М	ale	Fe	emale	Total	
Age	#	% Male	#	% Female	#	% in Age Group
Under 30	62	16%	335	84%	397	17%
30 to 34	79	24%	255	76%	334	14%
35 to 39	61	21%	235	79%	297	13%
40 to 44	94	24%	297	76%	391	17%
45 to 49	68	23%	228	77%	296	13%
50 to 54	48	17%	235	83%	283	12%
55 to 59	46	21%	174	79%	219	9%
60 +	33	23%	108	77%	141	6%
Total	490	21%	1,867	79%	2,358	100%

Source: Va. Healthcare Workforce Data Center

Race & Ethnicity						
Race/	Virginia*	PT	As	PTAs under 40		
Ethnicity	%	#	%	#	%	
White	64%	2,007	84%	849	82%	
Black	19%	162	7%	79	8%	
Asian	6%	45	2%	31	3%	
Other Race	0%	29	1%	11	1%	
Two or more						
races	2%	42	2%	20	2%	
Hispanic	8%	80	3%	43	4%	
Total	100%	2,365	100%	1,031	100%	

<sup>\*</sup>Population data in this chart is from the US Census, ACS 1-yr estimates, 2011 vintage. Source: Va. Healthcare Workforce Data Center

## At a Glance:

#### <u>Gender</u>

% Female: 79% % Under 40 Female: 80%

#### Age

Median Age: 42 % Under 40: 44% % 55+: 15%

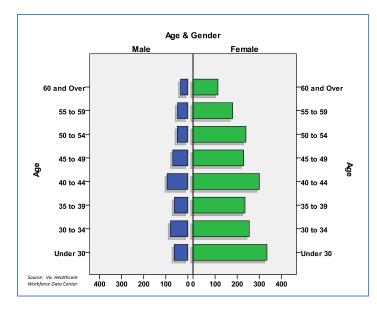
#### **Diversity**

Diversity Index: 28% Under 40 Div. Index: 31%

Source: Va. Healthcare Workforce Data Center

In a chance encounter between two PTA's, there is a 28% chance the PTA's would be of a different race/ethnicity, compared to 54% chance for Virginia's population. PTAs under age 40 are only slightly more diverse.

Virginia's PTA population is largely female. For the most part, PTAs are evenly distributed among age groups. However there are very few PTAs over the age of 60, making the overall population younger.



#### **Childhood**

Urban Childhood: 11% Rural Childhood: 46%

#### **Native Sons**

HS in Virginia: 58%
PTA Educ in VA: 72%
HS or PTA Ed in VA: 74%

#### **Location Choice**

% Rural to Non-Metro: 37%

% Urban/Suburban

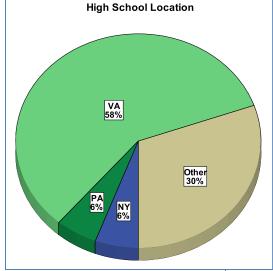
to Non-Metro: 9%

Source: Va. Healthcare Workforce Data Center

#### A Closer Look:

HEL	Primary Location: OA Rural Urban Continuum	Rural Status of Childhood Location			
Code	Description	Rural	Suburban	Urban	
	Metro Cour	nties			
1	Metro, 1 million+	27%	58%	14%	
2	Metro, 250,000 to 1 million	46%	41%	13%	
3	Metro, 250,000 or less	61%	29%	9%	
Non-Metro Counties					
4	Urban pop 20,000+, Metro adj	73%	22%	5%	
6	Urban pop, 2,500-19,999, Metro adj	79%	16%	5%	
7	Urban pop, 2,500-19,999, nonadj	84%	15%	1%	
8	Rural, Metro adj	78%	15%	7%	
9	Rural, nonadj	64%	30%	6%	
	Overall	46%	43%	11%	

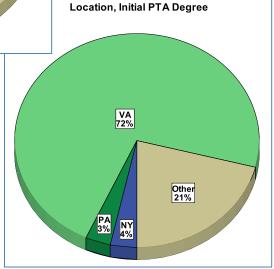
Source: Va. Healthcare Workforce Data Center



46% of PTAs grew up in selfdescribed rural areas but only 22% work in Non-Metro counties. Only 1 in 3 PTAs who grew up in rural areas work in a Non-Metro county today, and only 1 in 10 who grew up in urban or suburban areas work in Non-Metro counties

Source: Va. Healthcare Workforce Data Center

Most Virginia PTAs are from Virginia. Over half of PTA's are graduates of Virginia High Schools. Almost ¾ completed their PTA degree in Virginia.



#### Top Ten States for PTA Recruitment

Donk	All PTAs				
Rank	High School	#	PTA School	#	
1	Virginia	1,374	Virginia	1,663	
2	New York	133	New York	81	
3	Pennsylvania	130	Pennsylvania	77	
4	Outside of the US	66	North Carolina	53	
5	West Virginia	63	Maryland	45	
6	North Carolina	62	Florida	44	
7	Florida	51	West Virginia	40	
8	Maryland	51	Ohio	33	
9	Ohio	44	Tennessee	26	
10	Tennessee	33	Massachusetts	25	

Outside of Virginia, New York
& Pennsylvania are the largest
contributors to Virginia's PTA
workforce—a trend that has
continued among new licensees.
Very few PTAs are from outside
of the US (as measured by
location of secondary school
graduation).

Source: Va. Healthcare Workforce Data Center

Doub	Licensed in the Past 5 Years				
Rank	High School	#	PTA School	#	
1	Virginia	389	Virginia	437	
2	Pennsylvania	42	Pennsylvania	32	
3	New York	35	New York	28	
4	West Virginia	23	Maryland	23	
5	Outside of the US	23	Florida	20	
6	North Carolina	21	North Carolina	17	
7	Florida	19	West Virginia	17	
8	Maryland	19	Tennessee	15	
9	Tennessee	14	Texas	10	
10	Kentucky	10	Alabama	9	

Source: Va. Healthcare Workforce Data Center

## Licensees who did not participate in Virginia's PTA Workforce A potential source of PTAs for Virginia?

About 10% of PTA licensees did not participate in Virginia's workforce in 2012. Almost all worked as PTAs in 2012 and 86% were working as PTAs at the time of the survey. Most worked in a state bordering Virginia or in the District of Columbia. Surprisingly, none were serving outside of Virginia in the US military or in other Federal service.

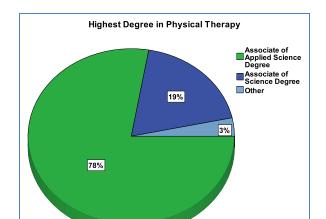
## At a Glance:

#### **Not in VA Workforce**

Total: 276 % of Licensees: 10% Federal/Military: 0% Va Border State/DC: 78%

#### A Closer Look:

Highest PTA Degree							
Degree # %							
Certificate	10	0%					
Associate of Applied Science	1,836	78%					
Associate of Science	444	19%					
Baccalaureate 35 1%							
Other	35	1%					
Baccalaureate	35	1%					



Source: Va. Healthcare Workforce Data Center

Almost all PTAs have an associate degree. Despite this, a large proportion carries educational debt, including almost half of those under age 40. A surprisingly large number carry more than \$10,000 in educational debt, including 32% of those under age 40. However, 80% of PTAs report having a non-PT degree (see next page).

## At a Glance:

#### **Education**

Associate or higher: 98% Bachelors or higher: 1%

#### **Educational Debt**

With debt: 32% Under age 40 with debt: 49% Median debt: \$10k-\$12k

Source: Va. Healthcare Workforce Data Center

Educational Debt					
Amount Carried	All F	PTAs	PTA's u	PTA's under 40	
Amount Carried	#	%	#	%	
None	1,451	68%	473	51%	
Less than \$2,000	77	4%	38	4%	
\$2,001-\$4,000	54	3%	40	4%	
\$4,001-\$6,000	38	2%	22	2%	
\$6,001-\$8,000	61	3%	32	3%	
\$8,001-\$10,000	56	3%	37	4%	
10,001-\$12,000	61	3%	42	4%	
\$12,001-\$15,000	50	2%	44	5%	
\$15,001-\$20,000	82	4%	61	7%	
More than \$20,000	198	9%	146	16%	
Subtotal	2,128	100%	935	100%	
Item Missing	249		96		
Total	2,377		1,032		

#### **Education**

Hold APTA Recognition: 7% Have Non-PTA degree: 80% Bachelors or higher: 39%

#### **Top APTA Recognitions:**

Geriatrics: 4%
Musculoskeletal: 3%
Neuromuscular: 2%

#### **Top non-PTA Credentials:**

Massage Therapy: 4% Athletic Training: 2%

Source: Va. Healthcare Workforce Data Cente

A large number of PTAs hold nonphysical therapy degrees, including 39% with a baccalaureate or higher degree.

Highest Non-PTA Degree			
Degree	#	%	
Certificate	187	8%	
Associate of Applied Science	536	23%	
Associate of Science	221	9%	
Baccalaureate	658	28%	
Masters	72	3%	
Doctorate/ Professional	9	0%	
Other	217	9%	
Total	1,900	80%	

Source: Va. Healthcare Workforce Data Center

#### A Closer Look:

APTA Recognition of Advanced Proficiency recognizes education, experience and leadership in a specified area of work. 7% of Virginia's PTAs have earned recognition. 16 % have earned credentials in other areas, including 4% with Massage Therapy certifications

APTA Recognition of Advanced Proficiency					
Proficiency Area	#	%			
Acute Care	30	1%			
Aquatic	32	1%			
Cardiovascular/Pulmonary 17 1%					
Geriatric	92	4%			
Integumentary	5	0%			
Musculoskeletal	68	3%			
Neuromuscular	39	2%			
Pediatric	14	1%			
At least 1 Certification 160 7%					

Source: Va. Healthcare Workforce Data Center

Non-PTA Credentials				
Area	#	%		
Art/Dance Therapy	5	0%		
Athletic Training	44	2%		
Exercise Physiology	33	1%		
Kinesiotherapy	9	0%		
Nursing	12	1%		
Occupational Therapy Assistant	4	0%		
Massage Therapy	96	4%		
Medical Assistant	7	0%		
Other	203	9%		
At least 1 Credential	382	16%		

#### **Employment**

Employed in Profession: 95% Involuntarily Unemployed: 1%

#### **Positions Held**

(among the employed)

1 Full-Time: 68% 2 or more Positions: 17%

#### **Weekly Hours:**

(among the employed)

40 to 49: 52% 60 or more: 3% Less than 30: 14%

Source: Va. Healthcare Workforce Data Center

#### A Closer Look:

Current Work Status				
Status	#	%		
Employed, capacity unknown	0	0%		
Employed in a physical therapy related capacity	2262	96%		
Employed, NOT in a physical therapy related capacity	32	1%		
Not working, reason unknown	0	0%		
Involuntarily unemployed	15	1%		
Voluntarily unemployed	46	2%		
Retired	9	0%		
Total	2363	100%		

Source: Va. Healthcare Workforce Data Center

<b>Current Positions</b>			
Positions	#	%	
No Positions	70	3%	
One Part-Time Position	345	15%	
Two Part-Time Positions	104	4%	
One Full-Time Position	1,534	65%	
One Full-Time Position & One Part-Time Position	245	10%	
Two Full-Time Positions	1	0%	
More than Two Positions	43	2%	
Total	2,342	100%	

Current Weekly Hours			
Hours	#	%	
0 hours	70	3%	
1 to 9 hours	48	2%	
10 to 19 hours	100	4%	
20 to 29 hours	175	8%	
30 to 39 hours	587	25%	
40 to 49 hours	1,161	50%	
50 to 59 hours	114	5%	
60 to 69 hours	26	1%	
70 to 79 hours	6	0%	
80 or more hours	26	1%	
Total	2,313	100%	

Source: Va. Healthcare Workforce Data Center

A full 95% of Virginia's PTAs were employed within Physical Therapy when they renewed their licenses. Only 1% were involuntarily unemployed. Among those currently employed, 83% held one position and over ¾ worked 30 to 49 hours per week. Relatively few worked excessive hours, but 11% held a full-time position and one additional position.

#### A Closer Look:

Inco	ome	
Hourly Wage	#	%
Volunteer Only	4	0%
\$15.00 or Less	2	0%
\$15.01-\$18.00	7	0%
\$18.01-\$21.00	26	1%
\$21.01-\$24.00	114	6%
\$24.01-\$27.00	265	13%
\$27.01-\$30.00	385	19%
\$30.01-\$33.00	317	16%
\$33.01-\$37.00	290	14%
\$37.01-\$40.00	298	15%
More than \$40.00	156	8%
Total	148	7%

Source: Va. Healthcare Workforce Data Center

## At a Glance:

#### **Earnings**

Median Wage: \$27-\$30 Middle 50%: \$24-\$37

#### **Benefits**

Employer Health Insrnce: 72% Employer Retirement: 68%

#### Satisfaction

Satisfied 97% Very Satisfied: 72%

Employer-Sponsored Benefits			
Benefit	#	%	
Signing Bonus	232	10%	
Dental Insurance	1,201	53%	
Health Insurance	1,274	56%	
Paid Leave	1,397	62%	
Group Life Insurance	915	40%	
Retirement	1,196	53%	
Receive at least one benefit	1,760	78%	

\*From any employer at time of survey.

For their education level, median wages are high. The median wage is \$27-\$30 per hour. Additionally, over half of PTAs receive a full slate of employer-sponsored benefits, including health, dental, retirement and paid leave.

Job satisfaction among PTAs is very high. Almost all are satisfied and 3 out of 4 are very satisfied. Only 1% reported being very dissatisfied with their current employment situation.

Job Satisfaction				
Level	#	%		
Very Satisfied	1,664	72%		
Somewhat Satisfied	571	25%		
Somewhat 52 2% Dissatisfied				
Very Dissatisfied	11	1%		
Total	2,299	100%		

#### A Closer Look:

Underemployment in Past Year		
In the past year did you?	#	%
Experience Involuntary Unemployment?	59	2%
Experience Voluntary Unemployment?	112	5%
Work Part-time or temporary positions, but would		
have preferred a full-time/permanent position?	93	4%
Work two or more positions at the same time?	484	20%
Switch employers or practices?	287	12%
Experienced at least 1	830	35%

Only 2% of Virginia's PTAs experienced involuntary unemployment at some point in 2012. By comparison, Virginia's average monthly unemployment rate was 5.9%.<sup>1</sup>

Location Tenure				
Tanana	Primary		Secondary	
Tenure	#	%	#	%
Not Currently Working at this Location	47	2%	68	11%
Less than 6 Months	159	7%	108	17%
6 Months to 1 Year	241	11%	98	15%
1 to 2 Years	509	22%	117	18%
3 to 5 Years	555	24%	140	22%
6 to 10 Years	387	17%	77	12%
More than 10 Years	395	17%	38	6%
Subtotal	2,293	100%	645	100%
Did not have location	44		1,705	
Item Missing	40		27	
Total	2,377		2,377	

Source: Va. Healthcare Workforce Data Center

Almost all PTAs are salary or wage employees. Almost 3 out of 4 receive an hourly wage.

## At a Glance:

## **Unemployment Experience 2012**

Involuntarily Unemployed: 2% Underemployed: 4%

#### **Turnover & Tenure**

Switched Jobs:12%New Location:26%Over 2 years:58%Over 2 yrs, 2<sup>nd</sup> location:40%

**Employment Type** 

Salary or Wage: 94%

Source: Va. Healthcare Workforce Data Cente

Almost 3 out of 5 PTAs have worked at their primary location for more than 2 years—the job tenure normally required to get a conventional mortgage loan.

Employment Type			
Primary Work Site	#	%	
Salary/ Commission	416	22%	
Hourly Wage	1,385	72%	
By Contract	99	5%	
<b>Business/ Practice</b>	10	1%	
Income			
Unpaid	7	0%	
Subtotal	1,917	100%	
Did not have	44		
location			
Item Missing	416		

<sup>&</sup>lt;sup>1</sup> As reported by the US Bureau of Labor Statistics. The not seasonally adjusted monthly unemployment rate ranged from 6.4% in January to 5.4% in November.

#### Concentration

Top Region:23%Top 3 Regions:61%Lowest Region:2%

#### Locations

2 or more (2012): 28% 2 or more (Now\*): 25%

Gource: Va. Healthcare Workforce Data Center

Almost 1 in 4 PTAs had their primary work location in Hampton Roads, while Northern Virginia and West Central (encompassing Roanoke) each had nearly 1 in 5 PTA work locations in 2012.

Number of Work Locations					
Landina	Work Locations in		Work Locations		
Locations	20	12	No	w*	
	#	%	#	%	
0	44	2%	67	3%	
1	1,661	70%	1,685	72%	
2	306	13%	280	12%	
3	263	11%	249	11%	
4	53	2%	13	1%	
5	21	1%	9	0%	
6 or More	31	1%	25	1%	
Total	2,377	100%	2,328	100%	

<sup>\*</sup>At the time of survey completion, December 2012.

#### Source: Va. Healthcare Workforce Data Center

#### A Closer Look:

Regional Distribution of Work Locations					
COVF Region		nary ation	Secondary Location		
	#	%	#	%	
Central	272	12%	95	15%	
Eastern	37	2%	18	3%	
<b>Hampton Roads</b>	533	23%	142	22%	
Northern	443	19%	114	18%	
Southside	150	7%	31	5%	
Southwest	296	13%	72	11%	
Valley	122	5%	30	5%	
West Central	407	18%	118	18%	
Virginia Border State/DC	5	0%	5	1%	
Other US State	15	1%	25	4%	
Outside of the US	0	0%	1	0%	
Total	2,280	100%	651	100%	
Item Missing	55		23		



70% of PTAs had just one work location in 2012. Only 4% had 4 or more work locations. This is similar to the number of work locations PTAs had when they completed the survey.

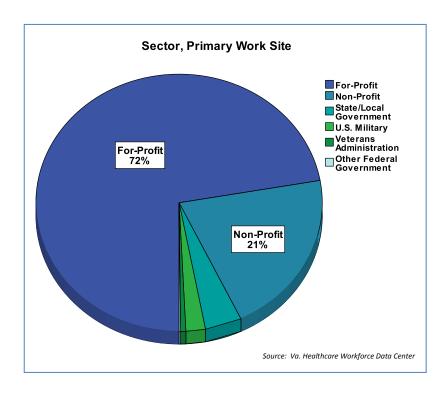
#### A Closer Look:

Location Sector							
	Prin	nary	Secondary				
Sector	Loca	ition	Loca	ition			
	#	%	#	%			
For-Profit	1,609	72%	526	83%			
Non-Profit	462	21%	78	12%			
State/Local Government	93	4%	26	4%			
<b>Veterans Administration</b>	13	1%	0	0%			
U.S. Military	49	2%	4	1%			
Other Federal	4	0%	3	0%			
Government	-	070		070			
Total	2,230	100%	637	100%			
Did not have location	44		1,705				
Item Missing	103		36				

Source: Va. Healthcare Workforce Data Center



9 out of 10 PTA's primary work sites were in the private sector, including 3 of every 4 in for-profit enterprises. About 3% work for Federal government, serving military, veteran or other special patient groups.

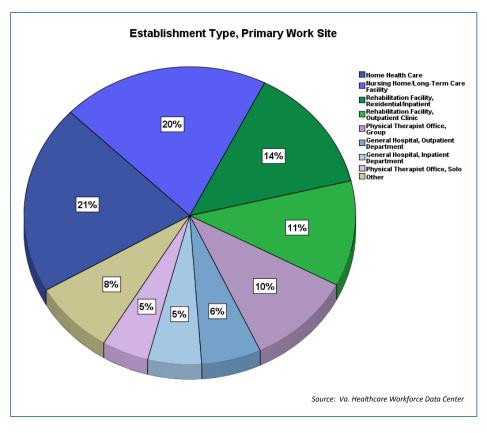


Establishment Type  # % #  Long-Term Care Facility 438 20% 173  Rehabilitation Facility, 301 14% 112	
Long-Term Care Facility 438 20% 173 Rehabilitation Facility	30%
Rehabilitation Facility	
Rehabilitation Facility,	20%
Inpatient 501 14% 112	
<b>General Hospital, Outpatient</b> 128 6% 5	1%
<b>General Hospital, Inpatient</b> 115 5% 52	9%
Home Health Care 449 21% 140	25%
<b>PACE Center</b> 5 0% 1	0%
Rehabilitation Facility, Outpatient  249 11% 39	7%
Physical Therapist Office, Group 226 10% 0	0%
Physical Therapist Office, Solo 100 5% 0	0%
Physician Office 39 2% 9	2%
Academic Institution 13 1% 4	1%
<b>K-12 School System</b> 46 2% 2	0%
<b>Insurance</b> 3 0% 0	0%
Device Maker/Distributor 1 0% 1	0%
<b>Other</b> 68 3% 30	5%
<b>Total</b> 2,181 100% 568	100%
Does not have location 44 1,709	5

Most PTAs worked for a rehab facility long-term care facility, home health agency, hospital or other large organization. Only 15% were primarily employed in a Physical Therapist office in 2012. 2/3 of these were employed in group offices.

Source: Va. Healthcare Workforce Data Center

1 in 4 PTA's primary work site is in a Rehabilitation Facility.
PTAs in Rehab Facilities are almost evenly divided between residential and outpatient facilities.



(Primary Locations)

#### A Typical PTA's Time

Patient Care: 90%-99%
Administration: 1%-9%
Education: 0%
Research: 0%

#### **Roles**

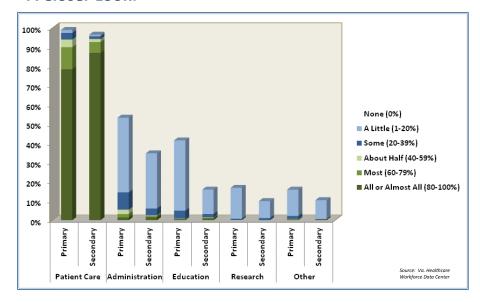
Patient Care: 90%
Administrative: 3%
Education: 1%
Research: 0%

### **Patient Care PTAs**

Median Admin Time: 0% Ave. Admin Time: 1%-9%

Source: Va. Healthcare Workforce Data Center

#### A Closer Look:



3 out of 4 PTAs spend all or almost all of their time on Patient Care. 90% of PTAs fill a patient care role, defined as spending 60% or more of their time on patient care.

	Time Allocation									
	Patient Care Adm		nin.	in. Education		Research		Other		
Time Spent	Prim	Sec.	Prim	Sec.	Prim	Sec.	Prim	Sec.	Prim	Sec.
	Site	Site	Site	Site	Site	Site	Site	Site	Site	Site
All or Almost All (80-100%)	78%	87%	1%	2%	0%	1%	0%	0%	0%	0%
Most (60-79%)	12%	6%	2%	1%	0%	0%	0%	0%	0%	0%
About Half (40-59%)	4%	2%	2%	0%	0%	0%	0%	0%	0%	0%
Some (20-39%)	3%	1%	9%	4%	4%	2%	1%	1%	1%	0%
A Little (1-20%)	2%	1%	39%	29%	37%	13%	16%	9%	14%	10%
None (0%)	1%	3%	47%	65%	58%	84%	83%	90%	84%	89%

#### A Closer Look:

Retirement Expectations					
Expected Retirement	All F	PTAs	PTAs over 50		
Age	#	%	#	%	
Under age 50	110	5%	0	0%	
50 to 54	110	5%	1	0%	
55 to 59	260	13%	52	9%	
60 to 64	579	28%	174	31%	
65 to 69	683	33%	209	38%	
70 to 74	152	7%	70	13%	
75 to 79	27	1%	11	2%	
80 or over	16	1%	0	0%	
I do not intend to retire	140	7%	38	7%	
Total	2,077	100%	555	100%	

#### At a Glance: **Retirement Expectations All PTAs** Under 65: 51% Under 60: 23% PTAs 50 and over Under 65: 41% Under 60: 10% **Time until Retirement** Within 2 years: 2% Within 10 years: 15% Half the workforce: by 2037

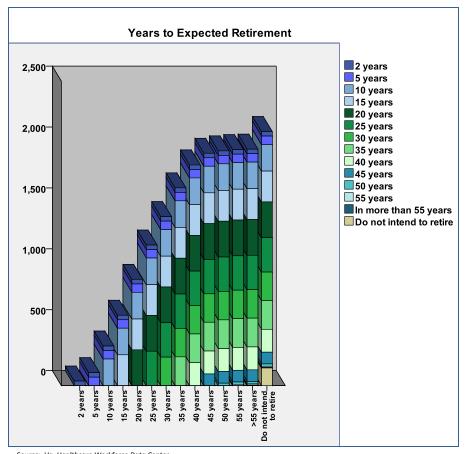
About a third of PTAs expect to retire at ages 65 to 69. However, over half expect to retire before age 65. PTAs over age 50 tend to expect retire later. Still, 2 in 5 expect to retire before the age of 65 and 1 in 10 before the age of 60. About 7% of all PTAs do not expect to ever retire.

Within the next year about 5% of PTAs plan to leave the profession or leave Virginia. We do not have any indication of the number of PTAs who plan to move to Virginia from other states.

Future Plans						
1 Year Plans:	#	%				
Decrease Participatio	n					
Leave Profession	33	1%				
Leave Virginia	84	4%				
<b>Decrease Patient Care Hours</b>	168	7%				
Decrease Teaching Hours	5	0%				
Increase Participation						
Increase Patient Care Hours	344	14%				
Increase Teaching Hours	184	8%				
Pursue Additional Education	691	29%				
Return to Virginia's Workforce	14	1%				

By comparing retirement expectation to age, we can estimate the maximum years to retirement for PTAs. Only a small proportion of PTAs expect to retire within 2 years. Another 3% expect to retire with 5 years, for a total of 5% within the next 5 years. In the reverse, 84% of PTAs expect to keep working for at least another ten years, and 58% for at least another 20 years.

Time to R	Time to Retirement							
Expect to retire within	#	%	Cumulative %					
2 years	36	2%	2%					
5 years	69	3%	5%					
10 years	216	10%	15%					
15 years	253	12%	28%					
20 years	294	14%	42%					
25 years	282	14%	55%					
30 years	234	11%	67%					
35 years	236	11%	63%					
40 years	188	9%	87%					
45 years	96	5%	92%					
50 years	20	1%	93%					
55 years	10	0%	93%					
In more than 55 years	4	0%	93%					
Do not intend to retire	140	7%	100%					
Total	2,077	100%						



Using estimates, these retirements will reach a rate of over 10% of the workforce every 5 years by 2022. Retirements will peak at 14% of the workforce around 2032 before declining to under 10% of the workforce around 2052. Over 1 in 4 PTAs expects to retire between 2032 and 2042.

**FTEs** 

Total: 2,046 Average: .88

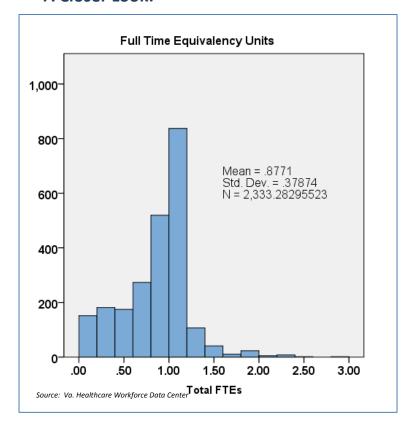
#### **Age & Gender Effect**

Age, Partial Eta<sup>2</sup>: .009 Gender, Partial Eta<sup>2</sup>: .007

> Partial Eta<sup>2</sup> Explained: Partial Eta<sup>2</sup> is a statistical measure of effect size.

> > .01=Small Effect .06=Medium Effect .138=Large Effect

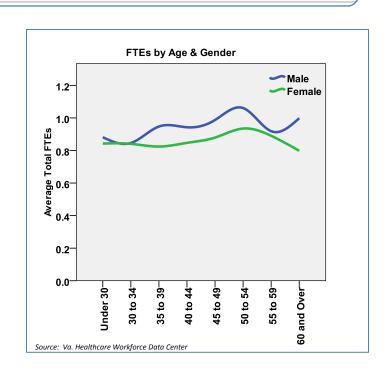
#### A Closer Look:



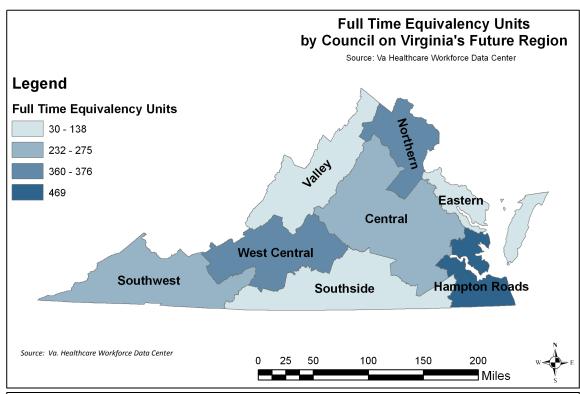
The typical (median) PTA provided 0.91 FTEs in 2012, or about 35 hours per week for 52 weeks.

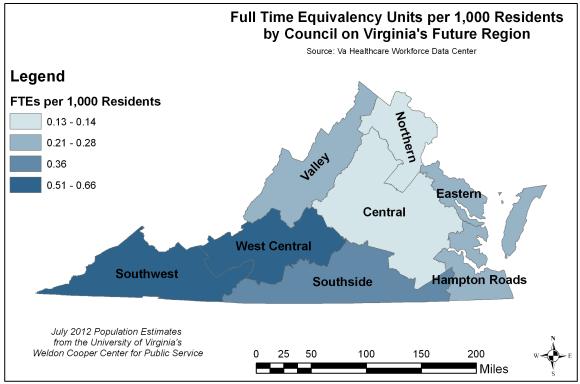
Although FTEs do vary by age and gender statistical tests indicate the real effect is small. Combined, gender and age account for only 12% of variation in FTEs.

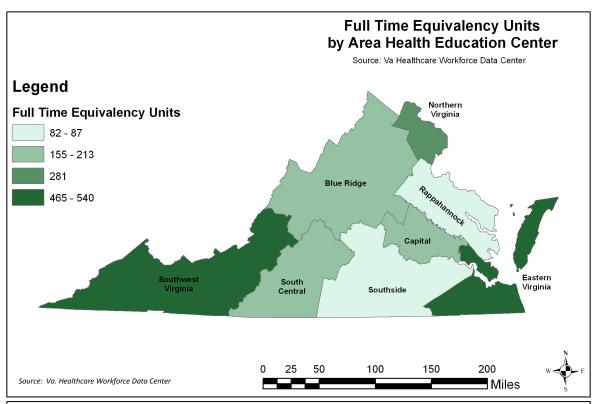
Full-Time Equivalency Units					
Age	Average	Median			
	Age				
Under 30	0.85	0.91			
30 to 34	0.84	0.91			
35 to 39	0.85	0.90			
40 to 44	0.87	0.91			
45 to 49	0.90	0.94			
50 to 54	0.96	1.06			
55 to 59	0.91	0.91			
60 and Over	0.84	0.91			
	Gender				
Male	0.94	1.08			
Female	0.86	0.91			

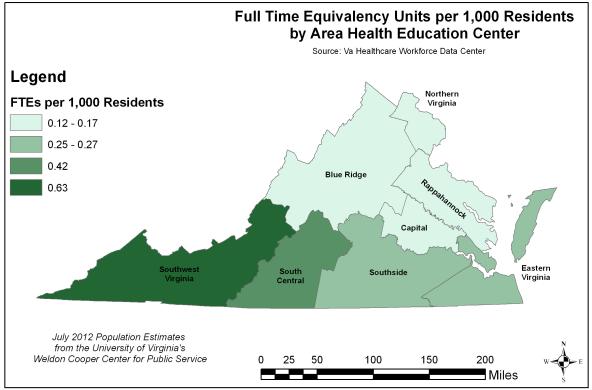


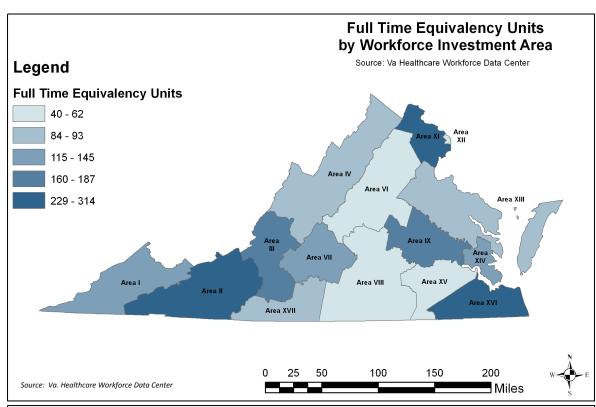
#### Council on Virginia's Future Regions

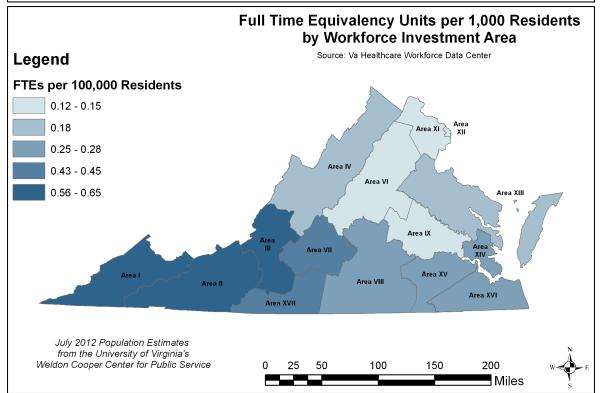


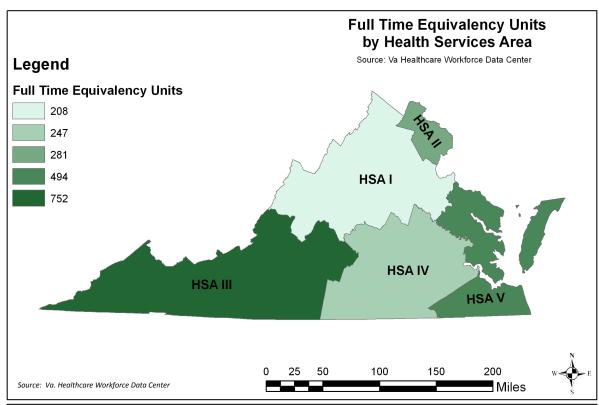


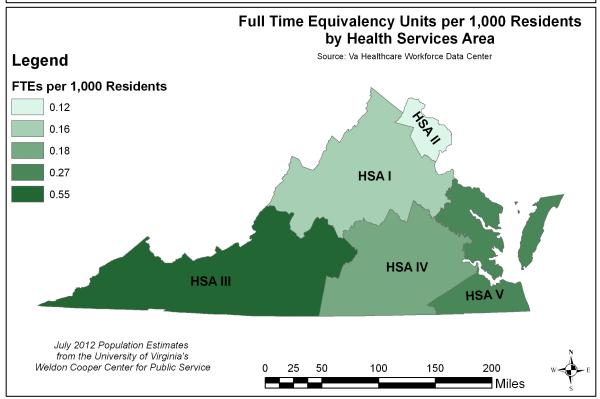


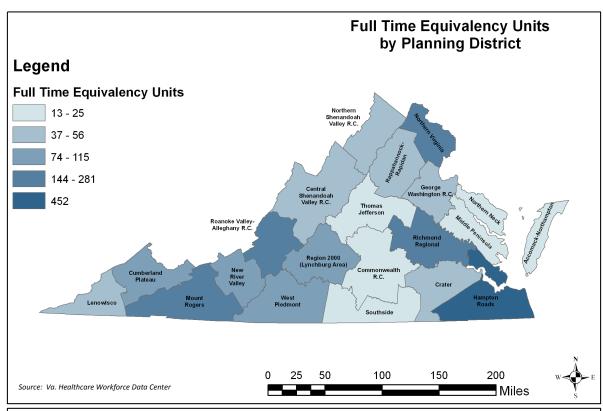


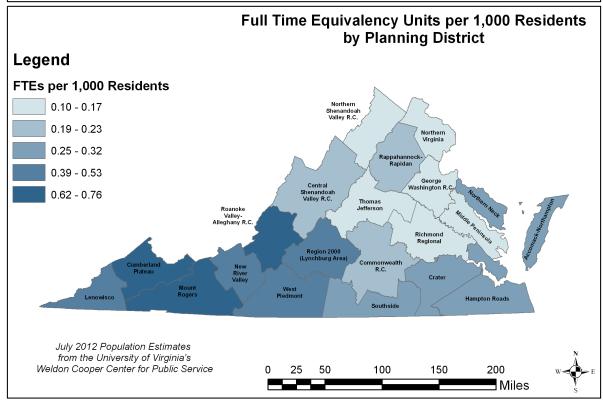












#### Appendix A: Weights

Rural	L	ocation W	eight	Total \	Weight
Status	#	Rate	Weight	Min	Max
Metro, 1 million+	1212	75.33%	1.327492	1.192728	1.707035
Metro, 250,000 to 1 million	184	76.63%	1.304965	1.172488	1.678067
Metro, 250,000 or less	342	76.61%	1.305344	1.172828	1.678554
Urban pop 20,000+, Metro adj	68	83.82%	1.192982	1.071874	1.534068
Urban pop 20,000+, nonadj	0	NA	NA	NA	NA
Urban pop, 2,500- 19,999, Metro adj	225	80.89%	1.236264	1.110761	1.589723
Urban pop, 2,500- 19,999, nonadj	70	74.29%	1.346154	1.209496	1.731032
Rural, Metro adj	46	71.74%	1.393939	1.25243	1.79248
Rural, nonadj	42	71.43%	1.4	1.257876	1.800274
Virginia border state/DC	228	58.33%	1.714286	1.540256	2.204417
Other US State	235	37.45%	2.670455	2.399357	3.433963

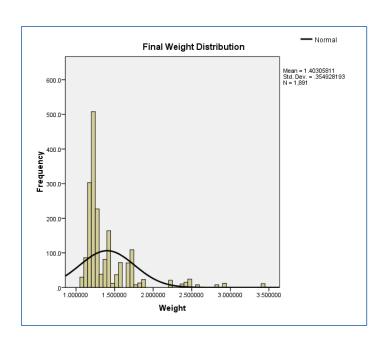
Age		Age Wei	ght	Total Weight		
Age	#	Rate	Weight	Min	Max	
Under 30	442	55.43%	1.804082	1.534068	3.433963	
30 to 34	368	65.49%	1.526971	1.298432	2.906499	
35 to 39	329	79.33%	1.260536	1.071874	2.399357	
40 to 44	442	78.05%	1.281159	1.08941	2.438612	
45 to 49	342	73.39%	1.36255	1.158619	2.593533	
50 to 54	318	77.67%	1.287449	1.094759	2.450584	
55 to 59	251	76.49%	1.307292	1.111631	2.488353	
60 and Over	161	67.70%	1.477064	1.255994	2.811505	

See the Methods section on the HWDC website for details on HWDC Methods: <a href="www.dhp.virginia.gov/hwdc/">www.dhp.virginia.gov/hwdc/</a>

Final weights are calculated by multiplying the two weights and the overall response rate:

ageweight x ruralweight x responserate = final weight.

#### **Overall Response Rate**: 0.712778



#### **Physical Therapy Assistant Survey**

#### **Instructions:**

The following survey will assist policymakers at the state, federal and local levels assess the adequacy of the current physical therapy assistant workforce and project future workforce trends in relation to Virginia's changing population and health needs. It will help us advance the practice of physical therapy assistants and to improve the health of all Virginians. By law, information collected as part of this survey is confidential. License numbers and other individually identifying information are removed from Healthcare Workforce Data Center data sets. The Healthcare Workforce Data Center only releases information in the aggregate or to qualified research organizations who meet our strict confidentiality standards. Participation in this survey is voluntary.

The survey questions are designed to allow comparisons across professions, and among state and federal data collection efforts. Some of the questions, particularly the demographic questions, match Federal data collection standards.

Educ	ation and Background	
1)	Year of Birth:	Dropdown: 1996 to 1920 (reverse order)
2)	Sex:	Dropdown: Male/Female
	Please select the items that best describe your race/ethnicity.	
	Please answer both question 3a about Hispanic origin and 3b	
20)	about race/ethnicity.	Charlena
3a)	Select one:	Check one
		Hispanic, Latino or Spanish Origin
		Not Hispanic, Latino or Spanish Origin
3b)	Select all that apply:	Check all that apply
		White
		Black or African American
		American Indian or Alaska Native
		Asian
		Native Hawaiian or Pacific Islander
		Some other race
3c)	If some other race, please specify:	Fill in the blank
4)	Where did you graduate from high school (Secondary School)?	Dropdown
		Outside of the US or Canada
		Canada
		57 US States and Territories
	Was your childhood spent mostly in rural, urban or suburban	
5)	areas?	Dropdown: urban, rural, suburban
	Where did you obtain the degree that initially qualified you to	
7)	practice as a physical therapy assistant?	Dropdown
		Outside of the US or Canada

-		Canada
		57 US States and Territories
	Do you hold an active license to practice as a physical therapy	
9)	assistant in any other jurisdiction?	Check all that apply
,	,	District of Columbia
		Kentucky
		Maryland
		North Carolina
		Tennessee
		West Virginia
		One or more other US states
8a)	Please indicate the highest level of <b>physical therapy/PT assistant</b> education you have completed as of today:	Dropdown
		Certificate
		Associate of Applied Science degree
		Associate of Science degree
		Baccalaureate degree
		Other
8b)	If you selected other, please provide a brief description:	Fill in the blank
	71 1	
	Please indicate the highest level of <b>non-physical therapy</b>	
9a)	education you have completed as of today:	Dropdown
		Certificate
		Associate of Applied Science degree
		Associate of Science degree
		Baccalaureate degree
		Masters Degree
		Doctorate/Professional degree
		Other
9b)	If you selected other, please provide a brief description:	Fill in the blank
	Please indicate any current APTA Recognition of Advanced	
10)	Proficiency certificates you have earned as of today:	Check all that apply:
		Acute Care
		Aquatic
	-	Cardiovascular/Pulmonary
		Geriatric
	-	Integumentary
	-	Musculoskeletal
		Neuromuscular
		Oncology
	-	Pediatric
	Do you hold current credentials (license, certification, educational	
44-1	degree) in any of the following fields, separate from your physical	Charle all that ample
11a)	therapy assistant credentials:	Check all that apply
		Art/Dance therapy

		Athletic training
		Exercise physiology
		Kinesiotherapy
		. ,
		Nursing Occupational therapy assistant
		Occupational therapy assistant
		Orthotic/Prosthetic fitter
		Orthotic/Prosthetic technician
		Orthopedic technician
		Massage therapy
		Medical Assistant
		Other
11b)	If you selected other, please provide a brief description:	Fill in the blank
Curre	ent Employment Status	
12	Which choice best describes your <i>current</i> employment or work situation?	Dropdown
		Employed in a physical therapy related capacity.
		Employed, NOT in a physical therapy related capacity.
		I am retired.
		Voluntarily unemployed (including for medical reasons).
		Involuntarily unemployed.
13)	Overall, and taking into account all positions you fill, how satisfied are you with your <i>current</i> employment or work situation?	Dropdown
	, , ,	Very satisfied
		Somewhat satisfied
		Somewhat dissatisfied
		Very dissatisfied
		very dissatisfied
14)	How many positions do you <i>currently</i> hold?	Dropdown
11)	Note: There is no legal standard for part-time work, and each employer defines part-time work differently. Part-time work generally refers to workweeks of 35-hours per week or less. Per diem, temporary, contract, self-employed and seasonal workers, and workers subject to annual limits on hours should consider average hours spent working over the term of employment.	One part-time position
	avorago nouro oponi working over the term of employment.	One full-time position
		•
		Two part-time positions  One full-time position & one part-time
		position
		Two full-time positions
		More than two positions
1 <i>E</i> \	Considering all positions you <i>currently</i> fill, how long is your	Drandown
15)	average workweek?	Dropdown
		I am not currently working

	1 to 9 hours
	10 to 19 hours
	20 to 29 hours
	30 to 39 hours
	40 to 49 hours
	50 to 59 hours
	60 to 69 hours
	70 to 79 hours
	80 or more hours

Unless otherwise noted, the rest of the questions draw on your experiences over the past 12 months. If you did not work in the past 12 months in a capacity that drew on your physical therapy assistant background, please skip to question 37.

#### **Primary Work Location**

Questions 16 to 21 refer to your primary place of employment, work or practice (volunteer or paid) over the past 12 months. This is the location where you spend the most work hours during an average workweek or where you spent the most weeks working in the past 12 months. You do not need to currently work at this location. These questions refer to a location, not an employer. Persons who consistently work in multiple locations (e.g. temporary workers, home health, multi-facility rounds) should choose the location where they are based.

	Please select the location of your primary place of employment, work, volunteer work or practice:	
16)	work, volunteer work or processes.	Dropdown:
		Outside of US
		Virginia Border State/DC
		Other US State
		List of Virginia's Cities and Counties
17)	How long have you worked at this particular location?	Dropdown
,	· · · · · · · · · · · · · · · · · · ·	I do not currently work at this location
		Less than 6 months
		6 months to 1 year
		1 to 2 years
		3 to 5 years
		6 to 10 years
		More than 10 years
18a)	Approximate number of weeks at which at least some time was spent at this work location within the past twelve months (exclude vacation, medical leave, etc):	Dropdown: 1 week - 52 weeks
18b)	How many hours do you (or did you) work in an average workweek at this location?	Dropdown
		1 to 9 hours
		10 to 19 hours
		20 to 29 hours
		30 to 39 hours
		40 to 49 hours
		50 to 59 hours
		60 to 69 hours

		70 to 79 hours
		80 or more hours
19)	In the average workweek at this location, roughly what percentage of your working hours were spent in the following roles: (Answers should roughly equate to 100%).	Dropdown: (for each sub-question)
19a)	Administration or business-related matters	None
19c)	Direct patient care, including patient education and coordination of care	1% to 9%
19d)	Education of health professions students (including acting as preceptor)	10% to 19%
19e)	Formal research	20% to 29%
19f)	Other	30% to 39%
,		50% to 59 %
		60% to 69%
		70% to 79%
		80% to 89%
		90% to 99%
		100%
		10070
	Please select the choice that best describes this location's	
20a)	organizational sector:	Dropdown
,		For-profit (e.g. private practice, corporate)
		Non-profit (including religious affiliated)
		State/local-government
		US military
		Veteran's Administration
		Other federal government
001.)		D t
20b)	Please select the choice that best describes this practice setting:	Dropdown:
		Academic Institution
		Physician office
		Physical therapist office, solo
		Physical therapist office, group
		General hospital, inpatient department
		General hospital, outpatient department
		Nursing home/long term care
		Home health care
		PACE center
		Rehabilitation facility, residential/inpatient
		Rehabilitation facility, outpatient clinic
		Insurance organization
		Device manufacturer/distributor
		K-12 School System
		Other
	Market and the desired Health are proportion and the Health are as a second sec	
20c)	If you selected "other practice setting" please provide a brief description:	Open-ended
21)	Please indicate how you are (were) personally compensated for activities at this location:	Dropdown
	מטנויוונים מו נוווס וטטמנוטוו.	Diopadwiii

		Salary/Commission
		Hourly wage
		By contract
		Business/Practice income
		Volunteer, unreimbursed
	only had one practice location in the past 12 months, please skice locations, please continue.	p to question 31. If you had additional
Seco	ndary Work Location	
montl you s These	tions 22 to 28 refer to your secondary place of employment, work or p hs. This is the location where you spend the second most work hours pent the second most weeks working in the past 12 months. You do be questions refer to a location, not an employer. Persons who consist prary workers, home health, multi-facility rounds) should choose the lo	during an average workweek or where not need to currently work at this location. tently work in multiple locations (e.g.
	Is this location with the same employer or practice as your primary	
22	location, or a different employer/practice?	Dropdown
		Same employer or practice
		Different employer or practice
00)	Please select the location of your secondary place of employment, work, volunteer work or practice:	Dura da uma
23)		Dropdown:
		Outside of US
		Virginia Border State/DC
		Other US State
		List of Virginia's Cities and Counties
2.1)		
24)	How long have you worked at this location?	Dropdown
		I do not currently work here
		Less than 6 months
		6 months to 1 year
		1 to 2 years
		3 to 5 years
		6 to 10 years
		More than 10 years
25a)	Approximate number of weeks at which at least some time was spent at this work location within the past twelve months (exclude vacation, medical leave, etc):	Dropdown: 1 week - 52 weeks
,	,,,	
25b)	How many hours do you (or did you) work in an average workweek at this location?	Dropdown
/		1 to 9 hours
		10 to 19 hours
		20 to 29 hours
		30 to 39 hours
		40 to 49 hours
		TO 10 TO 110013

50 to 59 hours

		60 to 69 hours
		70 to 79 hours
		80 or more hours
26)	In the average workweek at this location, roughly what percentage of your working hours were spent in the following roles: (Answers should roughly equate to 100%).	Dropdown: (for each sub-question)
26a)	Administration or business-related matters	None
26b)	Direct patient care, including patient education and coordination of care	1% to 9%
	Education of health professions students (including acting as	
26c)	preceptor)	10% to 19%
26d)	Formal research	20% to 29%
26e)	Other	30% to 39%
		50% to 59 %
		60% to 69%
		70% to 79%
		80% to 89%
		90% to 99%
		100%
	Please select the choice that best describes this location's	
27a)	organizational sector:	Dropdown
		For-profit (e.g. private, corporate)
		Non-profit (including religious affiliated)
		State/local-government
		US military
		Veteran's Administration
		Other federal government
27b)	Please select the choice that best describes this practice setting:	Dropdown:
	<b>3</b>	Academic Institution
		Physician office
		Private practice, solo
		Private practice, group
		General hospital, inpatient department
		General hospital, outpatient department
		Nursing home/long term care
		Home health care PACE center
		Rehabilitation facility, residential/inpatient
		Rehabilitation facility, outpatient clinic
		Insurance organization
		Device manufacturer/distributor
		<b>1</b>
		K-12 School System Other
	If you colored the process of the all places are the state of	
27c)	If you selected "other practice setting" please provide a brief description:	Open-ended
	Please indicate how you are (were) personally compensated for	
28)	activities at this location:	Select all that apply:

		Salary/Commission
		Hourly wage
		By contract
		Business/Practice income
		Volunteer, unreimbursed
	u had only two locations in the past 12 months, please skip to outlines, please continue.	question 31. If you had additional practice
00)	How many <b>total</b> work locations have you had <i>over the past 12</i>	Durandawa
29)	months?	Dropdown
		3
		4
		5
		6 or more
30)	How many work locations do you have currently?	Dropdown
30)	Thew many work locations do you have carreinty:	3
		4
		5
		6 or more
	bloyment Information	
	mation from these questions will only be presented in the aggregate all questions is protected by law. All questions are voluntary.	e. The confidentiality of information for these
31)	Within the past 12 months, have you experienced any of the following:	Check all that apply
		Voluntary unemployment (including for medical reasons)?
		Involuntary unemployment (including for medical reasons)?
		Switched employers/practices?
		Worked part-time or temporary positions, but would have preferred a full-time or permanent position?
		Worked two or more positions at the same time?
32)	What is your average hourly income from physical therapy assistant related activities?	Dropdown:
		Volunteer work only
		\$12/hour or less
		\$12.01-\$15.00/hr
		\$15.01-\$18.00/hr
		\$15.01-\$18.00/hr \$18.01-\$21.00/hr
		\$18.01-\$21.00/hr
		\$18.01-\$21.00/hr \$21.01-\$24.00hr
		\$18.01-\$21.00/hr \$21.01-\$24.00hr \$24.01-\$27.00/hr
		\$18.01-\$21.00/hr \$21.01-\$24.00hr

		\$33.01-\$37.00/hr
		\$37.01-\$40.00/hr
		More than \$40.00/hr
	Do you receive any of the following benefits from any <i>current</i>	
33)	employer?	Check all that apply:
		Paid Leave
		Health Insurance
		Dental Insurance
		Retirement (401k, Pension, etc.)
		Group Life Insurance
		Signing/retention bonus
34)	What is your estimated current educational debt?	Dropdown:
	•	None
		Less than \$2,000
		\$2,001-\$4,000
		\$4,001-\$6,000
		\$6,001-\$8,000
		\$8,001-\$10,000
		\$10,001-\$12,000
		\$12,001-\$15,000
		\$15,001-\$20,000
		More than \$20,000
	At what age do you plan to retire from work as a physical therapy	
35)	assistant?	Dropdown
		Under age 50
		50 to 54
		55 to 59
		60 to 64
		65 to 69
		70 to 74
		75 to 79
		80 or over
		I do not intend to retire
36)	Within the next two years do you plan to do any of the following:	Check all that apply
		Retire
		Cease working as physical therapy assistant
		Continue working as a physical therapy assistant, but cease working in Virginia
		Increase patient care hours
		Decrease patient care hours
		Increase time spent teaching physical therapy assistant students
		Decrease time spent teaching physical therapy assistant students
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End o	End of Questionnaire for active practitioners-Thank you!		
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	If you did not practice, teach or otherwise work in physical therapy		
37)	assistant within the past twelve months, did/are you?	Check all that apply:	
		I am retired.	
		Work occasionally for	
		charity/consultation/special patients?	
		Pursue rehabilitation therapy education or certifications?	
		Pursue education not related to	
		rehabilitation therapy?	
		Work in another profession or field?	
		Experience temporary <b>voluntary</b> unemployment (including for medical reasons)?	
		Experience temporary <b>involuntary</b> unemployment?	
	Do you provide any volunteer, mentoring or other services within		
38)	rehabilitation therapy in Virginia? If so, approximately how many hours in the past year?	Dropdown:	
30)	nours in the past year:	None	
		1-25 hours	
		26-50 hours	
		51-75 hours	
		76-100 hours	
		Over 100 hours	
	Do you expect to begin working in physical therapy assistant in		
39)	Virginia? If so, when?	Dropdown:	
		Not currently planning to practice/work in Virginia	
		Plan to practice/work in a volunteer	
		capacity	
		Yes, within the next year	
		Yes, within 1-2 years	
		Yes, within 3-5 years	
		Yes, in more than 5 years	
		Yes, do not know when	
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⊨na c	of Questionnaire-Thank you!		